

## CONJUGACY LENGTH IN GROUP EXTENSIONS

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ABSTRACT. Determining the length of short conjugators in a group can be considered as an effective version of the conjugacy problem. The conjugacy length function provides a measure for these lengths. We study the behaviour of conjugacy length functions under group extensions, introducing the twisted and restricted conjugacy length functions. We apply these results to show that certain abelian-by-cyclic groups have linear conjugacy length function and certain semidirect products  $\mathbb{Z}^d \rtimes \mathbb{Z}^k$  have at most exponential (if  $k > 1$ ) or linear (if  $k = 1$ ) conjugacy length functions.

Following a recent trend in geometric group theory towards producing effective results, we study a geometric question closely associated to the conjugacy problem of Max Dehn [Deh12], which could be described as an *effective conjugacy problem*. We ask if one can find an estimate of the length of short conjugators between elements in a group. This is measured by the conjugacy length function.

Suppose word-lengths in a group  $\Gamma$ , with respect to the given finite generating set  $X$ , are denoted by  $|\cdot|$ . The *conjugacy length function* was introduced by T. Riley and is the minimal function  $\text{CLF}_\Gamma : \mathbb{N} \rightarrow \mathbb{N}$  which satisfies the following: if  $u$  is conjugate to  $v$  in  $\Gamma$  and  $|u| + |v| \leq n$  then there exists a conjugator  $\gamma \in \Gamma$  such that  $|\gamma| \leq \text{CLF}_\Gamma(n)$ . One can define it more concretely to be the function which sends an integer  $n$  to

$$\max \{ \min \{ |w| : wu = vw \} : |u| + |v| \leq n \text{ and } u \text{ is conjugate to } v \text{ in } \Gamma \}.$$

We know various upper bounds for the conjugacy length function in certain classes of groups. For example, Gromov-hyperbolic groups have a linear upper bound; this is demonstrated by Bridson and Haefliger [BH99, Ch.III.Γ Lemma 2.9]. They also show that  $\text{CAT}(0)$  groups have an exponential upper bound for conjugacy length [BH99, Ch.III.Γ Theorem 1.12]. In [Sal12b] we obtained a cubic upper bound for the conjugacy length function of a free solvable group, and obtained an expression for it in wreath products of groups. Jing Tao [Tao11] showed that mapping class groups enjoy a linear conjugacy length function, expanding on previous work of Masur and Minsky [MM00] for pseudo-Anosov elements. Behrstock and Druţu [BD11] had recently also shown this upper bound for purely reducible elements. Work by Crisp, Godelle and Wiest [CGW09] on the complexity of the conjugacy problem in right-angled Artin groups also show that these groups have a linear conjugacy length function.

In 1977 Collins and Miller showed that the solubility of the conjugacy problem does not pass to finite index subgroups or to finite extensions [CM77]. Recent work of Bogopolski, Martino and Ventura investigate certain group extensions and what circumstances are necessary for the solubility of the conjugacy problem to carry through to the extension [BMV10]. The extensions they study require a strong assumption to be placed on the structure of centralisers in the quotient group, limiting the application of their work. However, their result applies in cases where the quotient is, for example, cyclic (or indeed finite), enabling them to study such groups as abelian-by-cyclic groups or free-by-cyclic groups.

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In this paper we look at the length of short conjugators in extensions similar to those considered in [BMV10], but instead of their assumption on centralisers in the quotient we place a geometric condition on them. Consider the group extension

$$1 \longrightarrow F \xrightarrow{\alpha} G \xrightarrow{\beta} H \longrightarrow 1$$

Bogopolski, Martino and Ventura showed that solubility of the conjugacy problem carries through to  $G$  provided certain conditions hold. These conditions include:

- there is an algorithm to determine when two elements in  $F$  are conjugate in  $G$  (the restricted conjugacy problem);
- the twisted conjugacy problem is solvable in  $F$ ;
- the conjugacy problem is solvable in the quotient  $H$ .

We define the restricted and twisted conjugacy length problems in Section 1 where we also define the corresponding analogues of the conjugacy length function for these problems.

As commented above, the results of [BMV10] only apply to group extensions in which the quotient group  $H$  satisfies certain conditions on the structure of centralisers of elements in  $H$ . In particular, the centraliser in  $H$  of any  $h \in H$  must be virtually cyclic. We can relax this condition slightly, replacing it with a geometric condition, asking for a function  $\rho : G \rightarrow [0, \infty)$  which measures the diameter of the fundamental domain of  $\beta(Z_G(u))$  inside  $Z_H(\beta(u))$  for any  $u \in G$ , where  $Z_G(u)$  denotes the centraliser in  $G$  of  $u$ . If we let

$$\rho_n = \max\{\rho(u) \mid u \in G, |u| \leq n\}$$

then we show the following:

**Theorem 1.** *The conjugacy length function of  $G$  satisfies*

$$\text{CLF}_G(n) \leq \text{CLF}_H(n) + \max\left\{\text{RCL}_F^G(n), \rho_n + \mathcal{TCL}_F(2\delta_F^G(n + \rho_n); A_G^{(n)})\right\}$$

where  $\mathcal{TCL}_F$  is the twisted conjugacy length function of  $F$  and  $\text{RCL}_F^G$  is the restricted conjugacy length function of  $F$  in  $G$ , which are defined in Section 1.

We use Theorem 1 to study conjugacy length in certain abelian-by-cyclic groups and abelian-by-abelian groups. Following the work of Bieri and Strebel [BS78], the finitely presented, torsion-free, abelian-by-cyclic groups are given by presentations of the form

$$\Gamma_M = \langle t, a_1, \dots, a_d \mid [a_i, a_j] = 1, ta_it^{-1} = \varphi_M(a_i); i, j = 1, \dots, d \rangle$$

where  $M = (m_{ij})$  is a  $d \times d$  matrix with integer entries and non-zero determinant and  $\varphi_M(a_i) = a_1^{m_{1i}} \dots a_d^{m_{di}}$  for each  $i = 1, \dots, d$ .

**Theorem 2.** *Suppose  $M$  is a diagonalisable matrix, all of whose eigenvalues have absolute value greater than 1. Then there exists a constant  $C$  depending on  $M$  such that*

$$\text{CLF}_{\Gamma_M}(n) \leq Cn.$$

It is worth noting that in particular solvable Baumslag–Solitar groups are covered by Theorem 2 and hence have a linear conjugacy length function. One can also apply Theorem 1 to show that lamplighter groups  $\mathbb{Z}_q \wr \mathbb{Z}$  have a linear conjugacy length function. This result however is given in [Sal12a] using different techniques.

Finally we look at a family of abelian-by-abelian groups which are the semidirect product of two free abelian groups.

**Theorem 3.** *Let  $\Gamma = \mathbb{Z}^d \rtimes_{\varphi} \mathbb{Z}^k$ , where the image of  $\varphi : \mathbb{Z}^k \hookrightarrow \text{SL}_d(\mathbb{Z})$  is contained in an  $\mathbb{R}$ -split torus  $T$ . Then there exist positive constants  $A, B$  such that*

- (1) if  $k = 1$  then  $\text{CLF}_{\Gamma}(n) \leq Bn$ ;

(2) if  $k > 1$  then  $\text{CLF}_\Gamma(n) \leq A^n$ .

This result has consequences for the conjugacy length function of fundamental groups of prime 3-manifolds. Combining this result with results of Behrstock and Druţu [BD11] and Ji, Ogle and Ramsey [JOR10] we get:

**Theorem 4.** *Let  $M$  be a prime 3-manifold. Then  $\text{CLF}_{\pi_1(M)}(n)$  is bounded above by a quadratic function.*

We can also use Theorem 3 to say something about conjugacy in Hilbert modular groups. Suppose  $\Gamma = \text{SL}_2(\mathcal{O}_K)$ , where  $\mathcal{O}_K$  is the ring of integers of a totally real field extension  $K$  over  $\mathbb{Q}$  of degree  $d$ . Then  $\Gamma$  is a lattice in  $\text{SL}_2(\mathbb{R})^d$  and the intersection of  $\Gamma$  with any minimal parabolic subgroup will be isomorphic to  $\mathbb{Z}^d \rtimes_\varphi \mathbb{Z}^{d-1}$ , one of the groups considered in Theorem 3. We deduce:

**Theorem 5.** *Let  $\Gamma$  be a Hilbert modular group. Then*

- (1) *there exists a constant  $K > 0$  such that two elements  $u, v \in \Gamma$  which are contained in the same minimal parabolic subgroup of the ambient Lie group are conjugate if and only if there exists a conjugator  $\gamma \in \Gamma$  such that*

$$|\gamma| \leq K^{|u|+|v|};$$

- (2) *there exists a constant  $L > 0$  such that two elements  $u, v \in \Gamma$  which are contained in the same unipotent subgroup of the ambient Lie group are conjugate if and only if there exists a conjugator  $\gamma \in \Gamma$  such that*

$$|\gamma| \leq L(|u| + |v|).$$

We begin in Section 1 by introducing the twisted and restricted conjugacy length functions, ingredients necessary for Theorem 1, which is the main result of Section 2 concerning the conjugacy length function of group extensions. Theorem 1 is applied to abelian-by-cyclic groups in Section 3 and to semidirect products  $\mathbb{Z}^d \rtimes \mathbb{Z}^k$  in Section 4.

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## 1. TWISTED AND RESTRICTED CONJUGACY LENGTH FUNCTIONS

In the following, suppose that  $\Gamma$  is a group which admits a left-invariant metric  $d_\Gamma$ . For  $\gamma \in \Gamma$ , denote by  $|\gamma|_\Gamma$  the distance  $d_\Gamma(1, \gamma)$ . We will usually omit the subscript in  $|\cdot|_\Gamma$  when we discuss lengths in  $\Gamma$ , favouring the subscript notation when dealing with subgroups of  $\Gamma$ .

**Twisted conjugacy length.** We first recall the *twisted conjugacy problem* in a group  $\Gamma$ . For an automorphism  $\varphi$  of  $\Gamma$  we say two elements  $u, v \in \Gamma$  are  $\varphi$ -twisted conjugate if there exists  $\gamma \in \Gamma$  such that  $u = \gamma v \varphi(\gamma)^{-1}$ . In such cases we denote this relationship by  $u \sim_\varphi v$ . The twisted conjugacy problem asks whether there is an algorithm which, on input an automorphism  $\varphi$  and two elements  $u$  and  $v$ , determines whether  $u \sim_\varphi v$ .

Suppose we are given two elements  $u$  and  $v$  that are  $\varphi$ -twisted conjugate. We can ask what can be said about the length of the shortest  $\gamma$  such that  $u = \gamma v \varphi(\gamma)^{-1}$ . In particular, we can look for a function  $f : \mathbb{R}_+ \rightarrow \mathbb{R}_+$  such that whenever  $|u| + |v| \leq x$ , for  $x \in \mathbb{R}_+$ , then  $u \sim_\varphi v$  if and only if there exists  $\gamma$  such that  $|\gamma| \leq f(x)$  which satisfies  $u = \gamma v \varphi(\gamma)^{-1}$ . We call the minimal such function the  $\varphi$ -*twisted conjugacy length function* and denote it by  $\mathcal{TC}\mathcal{L}_\Gamma(n; \varphi)$ . Observe that  $\text{CLF}_\Gamma(n) = \mathcal{TC}\mathcal{L}_\Gamma(n; \text{Id})$ . We can extend this notation to subsets  $A \subseteq \text{Aut}(\Gamma)$ , by defining

$\mathcal{TCL}_\Gamma(n; A) = \sup\{\mathcal{TCL}_\Gamma(n, \varphi) : \varphi \in A\}$ . The *twisted conjugacy length function* of  $\Gamma$  is  $\mathcal{TCL}_\Gamma(n) = \mathcal{TCL}_\Gamma(n; \text{Aut}(\Gamma))$ .

**Restricted conjugacy length.** Given a subgroup  $B$  of a group  $\Gamma$ , the *restricted conjugacy problem* of  $\Gamma$  to  $B$  asks if there is an algorithm which determines when two elements  $a, b \in B$  are conjugate in  $\Gamma$  (see [BMV10]).

We can associate to the restricted conjugacy length problem a corresponding function,  $\text{RCL}_B^\Gamma : \mathbb{R}_+ \rightarrow \mathbb{R}_+$ , called the *restricted conjugacy length function* of  $B$  from  $\Gamma$ . It is defined to be the minimal function satisfying the property that whenever  $|a| + |b| \leq x$ , for  $a, b \in B$  and  $x \in \mathbb{R}_+$ , then  $a$  is conjugate to  $b$  in  $\Gamma$  if and only if there exists a conjugator  $\gamma \in \Gamma$  for which  $|\gamma| \leq \text{RCL}_B^\Gamma(x)$ .

Note that in the definition of the restricted conjugacy length function we always consider the length of the involved players as elements of  $\Gamma$ , rather than using a metric  $d_B$  on  $B$ . This naturally leads us to a lower bound for the conjugacy length function of  $\Gamma$ :

$$\text{RCL}_B^\Gamma \leq \text{CLF}_\Gamma.$$

In fact we need not even assume that  $B$  is a subgroup to define the restricted conjugacy problem of  $B$  from  $\Gamma$  and hence  $\text{RCL}_B^\Gamma$ . In order for the lower bound above to be useful though, we would need  $B$  to be unbounded in  $d_\Gamma$ .

**1.1. Example: twisted conjugacy length in free abelian groups.** Let  $\Gamma = \mathbb{Z}^r$  for some positive integer  $r$ . Let  $u, v \in \mathbb{Z}^r$  and  $\varphi \in \text{SL}_r(\mathbb{Z})$  be diagonalisable with all eigenvalues real and positive. We wish to find some control on the size of the shortest element  $\gamma \in \mathbb{Z}^r$  satisfying

$$(1) \quad u + \varphi(\gamma) = \gamma + v.$$

Suppose  $\varphi$  has an eigenvalue equal to 1 with corresponding eigenspace  $E_1$ . Let  $V$  be the sum of the remaining eigenspaces, so  $\mathbb{R}^n = E_1 \oplus V$ . With respect to this decomposition, write

$$\gamma = \gamma_1 + \gamma_2, \quad u = u_1 + u_2, \quad v = v_1 + v_2$$

where  $\gamma_1, u_1, v_1 \in E_1$  and  $\gamma_2, u_2, v_2 \in V$ . Equation (1) tells us that  $u_1 = v_1$  and  $u_2 + \varphi'(\gamma_2) = \gamma_2 + v_2$ , where  $\varphi'$  is a matrix which corresponds to the action of  $\varphi$  on  $V$  and hence has no eigenvalues equal to 1. We may therefore take  $\gamma_1 = 0$  and hence assume that  $\varphi$  has no eigenvalues equal to 1.

Rewrite equation (1) as  $(\text{Id} - \varphi)\gamma = u - v$ . Since 1 is not an eigenvalue of  $\varphi$ , we notice that  $\gamma = (\text{Id} - \varphi)^{-1}(u - v)$ . Hence

$$\|\gamma\| \leq (1 + \|\varphi\|)(\|u\| + \|v\|).$$

Therefore, if  $\lambda$  is the largest absolute value of an eigenvalue of  $\varphi$ , then

$$\mathcal{TCL}_{\mathbb{Z}^r}(n; \varphi) \leq (1 + \lambda)n.$$

**1.2. Example: restricted conjugacy length inside solvable Baumslag–Solitar groups.** Consider  $\text{BS}(1, m) = \langle a, b \mid bab^{-1} = a^m \rangle$ , a solvable Baumslag–Solitar group. This is the semidirect product  $\mathbb{Z}[\frac{1}{m}] \rtimes_m \mathbb{Z}$  where the action of  $\mathbb{Z}$  on  $\mathbb{Z}[\frac{1}{m}]$  is by multiplication by  $m$ . The subgroup  $\mathbb{Z}[\frac{1}{m}]$  corresponds to the subgroup generated by elements  $b^{-r}ab^r$ , for non-negative integers  $r$ . We will consider here just the subgroup generated by  $a$ . One can see that this is exponentially distorted since  $a^{m^n} = b^n ab^{-n}$  for any  $n \in \mathbb{N}$ . In fact, one can show for all  $r \in \mathbb{Z}$ :

$$(2) \quad \frac{1}{2} \log_m |r| \leq |a^r|.$$

Suppose  $a^r$  is conjugate to  $a^s$  in  $\text{BS}(1, m)$ , where  $r$  and  $s$  may be taken to be non-zero. Every element in  $\text{BS}(1, m)$  can be written uniquely in the normal form  $b^{-j}a^l b^k$ , for some  $j, k, l \in \mathbb{Z}$  with  $j, k \geq 0$  and, if  $j, k$  are both non-zero,

then  $l$  is not divisible by  $m$ . Write a conjugator for  $a^r$  and  $a^s$  in this way. Then  $a^r b^{-j} a^l b^k = b^{-j} a^l b^k a^s$ , which leads to  $b^{-j} a^{rm^j+l} b^k = b^{-j} a^{l+sm^k} b^k$ . Note that both sides of this equation are in normal form, since  $rm^j + l$  and  $l + sm^k$  are divisible by  $m$  if and only if  $l$  is as well. So  $b^{-j} a^l b^k$  is a conjugator if and only if  $j, k$  and  $l$  satisfy:

$$rm^j = sm^k.$$

Then we may take  $l = 0$  and we also have  $k - j = \log_m |r| - \log_m |s|$ . Since  $r$  and  $s$  are non-zero integers both  $\log_m |r|$  and  $\log_m |s|$  are non-negative. In equation (2) above we noted that  $\log_m |r| \leq 2|a^r|$ , so

$$|b^{k-j}| \leq |k - j| \leq 2 \max\{|a^r|, |a^s|\} \leq 2(|a^r| + |a^s|).$$

This leads to the restricted conjugacy length function

$$\frac{n-2}{2} \leq \text{RCL}_{\langle a \rangle}^{\text{BS}(1,m)}(n) \leq 2n$$

where the lower bound follows from looking at the conjugate elements  $a^{m^r}$  and  $a$  and noting that the shortest conjugator for them is  $b^r$ .

## 2. CONJUGACY LENGTH IN GROUP EXTENSIONS

A solution to the conjugacy problem in certain group extensions is given by Bogopolski, Martino and Ventura [BMV10]. Given a short exact sequence

$$(3) \quad 1 \longrightarrow F \xrightarrow{\alpha} G \xrightarrow{\beta} H \longrightarrow 1$$

they show that, under certain conditions, the solubility of the conjugacy problem in  $G$  is equivalent to the subgroup  $A_G = \{\varphi_g \mid \varphi_g(x) = g^{-1}\alpha(x)g, x \in F, g \in G\}$  of  $\text{Aut}(F)$  having solvable orbit problem (that is to say, there is an algorithm which decides whether for any element  $u \in F$  there is some  $\varphi \in A_G$  such that  $u = \varphi(u)$ ). The conditions that must apply to the short exact sequence are the following:

- (a)  $H$  has solvable conjugacy problem;
- (b)  $F$  has solvable twisted conjugacy problem;
- (c) for every non-trivial  $h \in H$ , the subgroup  $\langle h \rangle$  has finite index in the centraliser  $Z_H(h)$ , and one can algorithmically produce a set of coset representatives.

Condition (c) is rather restrictive. In particular it implies that centralisers in  $H$  need to be virtually cyclic. The types of groups which this includes are typically extensions where  $H$  is a finitely generated hyperbolic group.

To study conjugacy length in a group extension, it seems natural therefore that we should require an understanding of the conjugacy length in  $H$  and the twisted conjugacy length in  $F$ . We should also expect the restricted conjugacy length function of  $G$  to  $F$  to make an appearance and there should be some condition based upon the centralisers of elements in  $H$ .

We will identify  $F$  with its image under  $\alpha$ . Suppose that  $G$  is finitely generated with  $|\cdot|$  denoting the word length in  $G$  with respect to some finite generating set. It will not always be the case that  $F$  is finitely generated. Suppose that  $d_F$  is any left-invariant metric on  $F$ . For example, we may take  $d_F$  to be equal to the word metric on  $G$ , or, if  $F$  is finitely generated, we may take it to be the word metric on  $F$  with respect to some finite generating set for it. We will denote by  $|x|_F$  the distance  $d_F(e_F, x)$ . Let  $\delta_F^G : \mathbb{N} \rightarrow \mathbb{N}$  be the subgroup distortion function for  $F$  in  $G$ , defined by

$$\delta_F^G(n) = \max\{|f|_F : f \in F, |f| \leq n\}.$$

We will also need a function which measures the lower bound of the subgroup distortion. Namely we define a function  $\mathfrak{d}_F^G : \mathbb{N} \rightarrow \mathbb{N}$  by

$$\mathfrak{d}_F^G(n) = \min\{|f| : f \in F, |f|_F \leq n\}.$$

This can be thought of as a kind of inverse to the usual subgroup distortion function  $\delta_F^G$ , but in general it will not necessarily be its inverse as a function.

Let  $|gH|_H = \min\{|gh| : h \in H\}$  be the quotient metric on  $H$ . In the following, the twisted conjugacy length function for  $F$  is taken with respect to the metric  $d_F$  chosen above.

**Theorem 2.1.** *Let  $G$  be given by the short exact sequence (3). Suppose that it satisfies the following condition:*

- (c') *there exists a function  $\rho : G \rightarrow [0, \infty)$  such that for each  $u \in G$  the fundamental domain of  $\beta(Z_G(u))$  in  $Z_H(\beta(u))$  has diameter bounded above by  $\rho(u)$ .*

Then:

$$\text{CLF}_G(n) \leq \max \left\{ \text{RCL}_F^G(n), \text{CLF}_H(n) + \rho_n + \mathfrak{d}_F^G \left( \mathcal{TCL}_F \left( 2\delta_F^G(n + \rho_n); A_G^{(n)} \right) \right) \right\}$$

where  $\rho_n = \max\{\rho(u) \mid u \in G, |u| \leq n\}$  and  $A_G^{(n)} = \{\varphi_u \in A_G \mid u \in G, |u| \leq n\}$ .

*Proof.* We split the proof into various cases, according to the relationship between  $\beta(u)$  and  $\beta(v)$ , beginning with the easiest case. Throughout we will make the assumption that  $|u| \leq |v|$ .

CASE 1:  $\beta(u) = \beta(v) = e_H$ .

In this case  $u$  and  $v$  lie in the image of  $\alpha$ . We therefore find a conjugator  $x \in G$  such that  $v = x^{-1}ux$  and  $|x| \leq \text{RCL}_F^G(|u| + |v|)$ .

CASE 2:  $\beta(u) = \beta(v) \neq e_H$ .

We need to reduce this case to the twisted conjugacy problem in  $F$ . First though we will determine a coset of  $F$  in  $G$  in which we will find a conjugator whose length we can estimate.

Let  $\mathcal{H}$  be a set of left-coset representatives of  $F$  in  $G$  satisfying  $|h| = |\beta(h)|_H$  for each  $h \in \mathcal{H}$ . Let  $g$  be any conjugator for  $u$  and  $v$ . The following subset of  $\mathcal{H}$  tells us which cosets contain conjugators for  $u$  and  $v$ :

$$\mathcal{H}_{u,v} = \{h \in \mathcal{H} \mid \exists f \in F \text{ such that } hf \in Z_G(u)g\}.$$

Note that the image under  $\beta$  of  $\mathcal{H}_{u,v}$  will be precisely the image of  $Z_G(u)g$ : to say  $h$  is in  $\mathcal{H}_g$  is equivalent to saying there exists some  $f \in F$  such that  $hf \in Z_G(u)g$  and since  $\beta(h) = \beta(hf)$  for all  $f \in F$  we see that  $\beta(\mathcal{H}_{u,v}) = \beta(Z_G(u)g)$ .

Choose  $h \in \mathcal{H}_{u,v}$  with  $\beta(h)$  of minimal size. Since  $\beta(u) = \beta(v)$  we deduce that  $\beta(Z_G(u)g) \subseteq Z_H(\beta(u))$ . Hence we may apply condition (c') and assume  $|h| \leq \frac{1}{2}\rho(u)$ .

Since  $\beta(h) \in Z_H(\beta(u))$ , it follows that  $h^{-1}uh = uf_h$  for some  $f_h \in F$ . Also  $\beta(u) = \beta(v)$  implies  $u^{-1}v = f \in F$ . Let  $a \in F$  satisfy the twisted conjugacy relation

$$(4) \quad f = \varphi_u(a)^{-1} f_h a.$$

We will first show that  $ha$  is a conjugator for  $u$  and  $v$  and then show we have a control on its size. By unscrambling equation (4) we obtain the following:

$$\begin{aligned} u^{-1}v = f &= u^{-1}a^{-1}uf_h a \\ &= u^{-1}a^{-1}h^{-1}uha. \end{aligned}$$

Hence  $v = (ha)^{-1}u(ha)$  as required.

The size of  $a$  is controlled by the twisted conjugacy length function of  $F$ :

$$|a|_F \leq \mathcal{TC}\mathcal{L}_F(|f|_F + |f_h|_F; \varphi_u).$$

Applying the distortion function gives us  $|f|_F \leq \delta_F^G(n)$ . Meanwhile  $f_h = [u, h]$ , so  $|f_h|_F \leq \delta_F^G(2|u| + 2|h|) \leq \delta_F^G(n + \rho(u))$ , since we have  $|u| \leq |v|$ . In summary, we have found a conjugator  $ha$  satisfying

$$|ha| \leq \rho(u) + \mathfrak{d}_F^G\left(\mathcal{TC}\mathcal{L}_F(2\delta_F^G(n + \rho(u)); \varphi_u)\right)$$

where  $\mathfrak{d}_F^G$  is the inverse subgroup distortion function defined immediately above the statement of the theorem.

CASE 3:  $\beta(u) \neq \beta(v)$ .

Let  $u, v$  be conjugate elements in  $G$ . Then in particular  $\beta(u)$  is conjugate to  $\beta(v)$  in  $H$ . Apply the conjugacy length function of  $H$  and we get that there exists  $h_0 \in H$  such that  $\beta(u) = h_0^{-1}\beta(v)h_0$  and

$$|h_0|_H \leq \text{CLF}_H(|\beta(u)|_H + |\beta(v)|_H).$$

Let  $g_0$  be a minimal length element in the pre-image  $\beta^{-1}(h_0)$ . Set  $v_0 = g_0^{-1}vg_0$ . Then  $\beta(v_0) = \beta(u)$  and  $v_0$  is conjugate to  $u$  via an element  $g_0$  satisfying

$$|g_0| = |h_0|_H \leq \text{CLF}_H(n).$$

Now we apply Case 2, above, to find a bounded conjugator  $ha$  for  $u$  and  $v_0$ . Then all we need to do is to pre-multiply it by  $g_0$  to obtain a conjugator for  $u$  and  $v$ . In other words, we have a conjugator  $g_0ha$  for  $u$  and  $v$  such that

$$|g_0ha| \leq \text{CLF}_H(n) + \rho(u) + \mathfrak{d}_F^G\left(\mathcal{TC}\mathcal{L}_F(2\delta_F^G(n + \rho(u)); \varphi_u)\right).$$

This is enough to complete the proof.  $\square$

By taking a group extension with cyclic quotient we can reduce this to a simpler expression.

**Corollary 2.2.** *Suppose in the extension given in (3) the quotient  $H$  is  $\mathbb{Z}$ . Then*

$$\text{CLF}_G(n) \leq \max\left\{\text{RCL}_F^G(n), n + \mathfrak{d}_F^G\left(\mathcal{TC}\mathcal{L}_F\left(2\delta_F^G(2n); A_G^{(n)}\right)\right)\right\}$$

where  $A_G^{(n)} = \{\varphi_u \in A_G \mid u \in G, |u| \leq n\}$ .

*Proof.* Let  $u, v$  be conjugate in  $G$  such that  $|u| + |v| \leq n$ . Since  $H = \mathbb{Z}$ , the conjugacy length function of  $H$  is the zero function. Furthermore we can put  $\rho(u) = |u| \leq n$ .  $\square$

A central extension is another situation where the expression is significantly simplified. Unlike with the cyclic extensions, we retain the need to understand the function  $\rho$ . In particular, if  $F$  is contained in the centre of  $G$  then Theorem 2.1 reduces to

$$\text{CLF}_G(n) \leq \text{CLF}_H(n) + \rho_n.$$

However we can see from this an example of the limitations of this result. If we take the Heisenberg group,

$$H_3(\mathbb{Z}) = \langle x, y, z \mid [x, y] = z \rangle$$

then this fits into a central extension of the form of (3) with  $F = \langle z \rangle$ . However, it is not hard to see that the centraliser of  $x$  consists precisely of elements of the form  $x^r z^s$ , for any pair of integers  $r, s$ . Projecting this centraliser onto  $H_3(\mathbb{Z})/\langle z \rangle \cong \mathbb{Z}^2$  gives a copy of  $\mathbb{Z}$ , implying that  $\rho_n$  cannot be finite and Theorem 2.1 does not apply.

### 3. ABELIAN-BY-CYCLIC GROUPS

An abelian-by-cyclic group  $\Gamma$  has a short exact sequence

$$1 \longrightarrow A \longrightarrow \Gamma \longrightarrow \mathbb{Z} \longrightarrow 1$$

where  $A$  is an abelian group. Following the work of Bieri and Strebel [BS78], the finitely presented, torsion-free, abelian-by-cyclic groups are given by presentations of the form

$$\Gamma_M = \langle t, a_1, \dots, a_d \mid [a_i, a_j] = 1, ta_it^{-1} = \varphi_M(a_i); i, j = 1, \dots, d \rangle$$

where  $M = (m_{ij})$  is a  $d \times d$  matrix with integer entries and non-zero determinant and  $\varphi_M(a_i) = a_1^{m_{1i}} \dots a_d^{m_{di}}$  for each  $i = 1, \dots, d$ . The aim of this section is to give an exponential upper bound for the conjugacy length function of a certain family of abelian-by-cyclic groups:

**Theorem 3.1.** *Suppose  $M$  is a diagonalisable matrix, all of whose eigenvalues have absolute value greater than 1. Then there exists a constant  $C$  depending on  $M$  such that*

$$\text{CLF}_{\Gamma_M}(n) \leq Cn.$$

The method of proof is to apply Corollary 2.2. First we need to understand the distortion inside the abelian subgroup, this is the subject of Lemma 3.3. Following this, we calculate estimates for the relevant restricted and twisted conjugacy length functions.

In Section 4 we look at the abelian-by-abelian groups of the form  $\mathbb{Z}^d \rtimes \mathbb{Z}^k$ , where the action on  $\mathbb{Z}^k$  corresponds to multiplication by matrices in an  $\mathbb{R}$ -split torus inside  $\text{SL}_d(\mathbb{Z})$ . This of course includes the abelian-by-cyclic groups  $\Gamma_M$  where  $M$  is a diagonal matrix in  $\text{SL}_d(\mathbb{Z})$  whose eigenvalues are all real.

We need to introduce a *normal form* for elements of  $\Gamma_M$ . Firstly, denote by  $A_p$  the subgroup of  $\Gamma_M$  generated by  $\{t^{-p}a_1t^p, \dots, t^{-p}a_dt^p\}$  for each integer  $p$ . Note that the relation  $ta_it^{-1} = \varphi_M(a_i)$  implies that for each integer  $p$  we have  $A_p \leq A_{p+1}$ . Let  $|\cdot|_{A_0}$  denote the word metric on  $A_0$  with respect to the generating set  $\{a_1, \dots, a_d\}$ .

We can write each  $u \in \Gamma_M$  in the form  $t^{-p}u_at^q$  for some  $p, q \geq 0$  and  $u_a \in A_0$ . Furthermore, if  $p$  and  $q$  are both non-zero, and  $u_a$  is in  $A_{-1} = \varphi_M(A_0)$ , then  $u_a = tu'_at^{-1}$  for some  $u'_a \in A_0$  and in we can re-write  $u$  as  $u = t^{-(p-1)}u'_at^{q-1}$ . Hence we have the following normal form for all elements  $u \in \Gamma_M$ :

$$(5) \quad u = t^{-p}u_at^q, \text{ where } p, q \geq 0 \text{ and if } p, q > 0 \text{ then } u_a \notin A_{-1}.$$

Note that by rewriting elements of  $A_0$  in additive notation, one can see how repeated applications of the automorphism  $\varphi_M$  correspond to taking a power of  $M$ . That is, for all  $k \in \mathbb{Z}$ ,

$$(6) \quad \varphi_M^k = \varphi_{M^k}.$$

**3.1. The Farb-Mosher space  $X_M$ .** Suppose that  $M \in \text{GL}_d(\mathbb{Z})$  is diagonalisable with all eigenvalues greater than 1. In [FM00] Farb and Mosher describe a geodesic metric space  $X_M$  which is quasi-isometric to  $\Gamma_M$ . In short, the space  $X_M$  can be recognised as the horocyclic product of a  $(\det M + 1)$ -valent tree  $T_M$  and the Lie group  $G_M = \mathbb{R}^d \rtimes_M \mathbb{R}$ . In order to define  $X_M$  we require that  $M$  lies on a one-parameter subgroup of  $\text{GL}_d(\mathbb{Z})$ , hence the requirement that all eigenvalues of  $M$  are greater than 1.

Note that if  $M$  does not lie on a one-parameter subgroup but is diagonalisable and has eigenvalues whose absolute values are all greater than 1, then we may instead consider  $\Gamma_{M^2}$ , which is an index 2 subgroup of  $\Gamma_M$ . We can then define



$X_{M^2}$ , to which  $\Gamma_M$  will be quasi-isometric. Until Lemma 3.3, however, we will assume that all eigenvalues of  $M$  are positive.

On  $T_M$  we take the path metric  $d_T$  with edges assigned length 1. Fix a basepoint  $o \in T_M$  and consider any geodesic ray  $\rho$  emerging from  $o$ . This ray determines an ideal point  $\omega$  in the boundary of  $T_M$ . For any pair of vertices  $x$  and  $y$  in  $T_M$ , the two rays, both asymptotic to  $\rho$ , emerging from  $x$  and  $y$  respectively will merge at some vertex. We call this vertex the *greatest common ancestor* of  $x$  and  $y$  and denote it  $x \wedge y$ . Define a height function  $\mathfrak{h} : T_M \rightarrow \mathbb{R}$  by

$$\mathfrak{h}(x) = d_T(x, o \wedge x) - d_T(o \wedge x, o).$$

This height function plays a crucial role in the definition of the horocyclic product determining  $X_M$ . A Busemann function on  $G_M$  is the last ingredient necessary to define  $X_M$ .

Given an element  $g \in G_M$ , we will write it as  $g = (\mathbf{g}, t_g)$ , where  $\mathbf{g} \in \mathbb{R}^d$  and  $t_g \in \mathbb{R}$ . The Busemann function of  $G_M$  that we use is that associated to the boundary point determined by the ray  $\rho(t) = (\mathbf{0}, t)$ , for  $t \geq 0$ . For a point  $(\mathbf{g}, t_g) \in G_M$  it takes the value  $-t_g \in \mathbb{R}$ .

The space  $X_M$  is a subspace of the product space  $T_M \times G_M$ . It consists of those  $(x, g) \in T_M \times G_M$  such that if  $g = (\mathbf{g}, t_g)$  then  $\mathfrak{h}(x) + t_g = 0$ . We take the metric  $d_X$  to be the length metric induced on  $X_M$  by the  $\ell^\infty$ -metric on  $T_M \times G_M$ .

Consider the two projections  $\pi_G : X_M \rightarrow G_M$  and  $\pi_T : X_M \rightarrow T_M$ . Given a bi-finite line  $\ell$  in  $T_M$ , with one end of  $\ell$  asymptotic to  $\omega$ , the pre-image  $\pi_T^{-1}(\ell)$  is isometric to  $G_M$ . Farb and Mosher [FM00] call these *coherent hyperplanes* in  $X_M$ .

**Lemma 3.2.** *Let  $M$  be a diagonalisable matrix with all eigenvalues greater than 1. For any pair of points  $(x, g), (y, h) \in X_M$ ,*

$$\max\{d_G(g, h), d_T(x, y)\} \leq d_X((x, g), (y, h)) \leq d_G(g, h) + d_T(x, y).$$

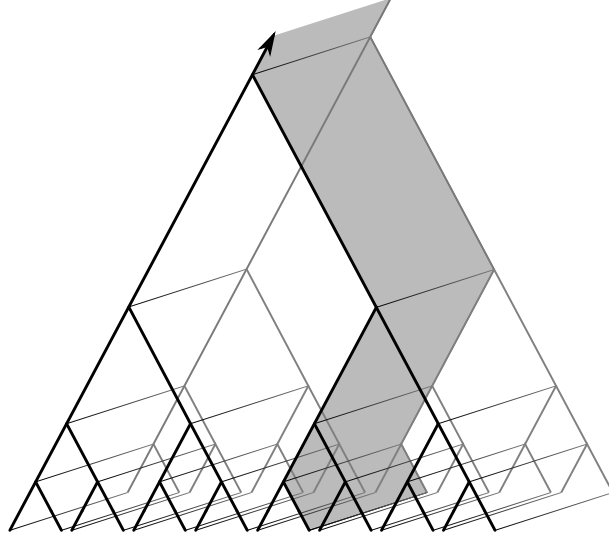


FIGURE 1. When  $M$  is the  $1 \times 1$  matrix  $(m)$  we get the solvable Baumslag–Solitar group  $BS(1, m)$ . The Farb–Mosher space associated to  $BS(1, m)$  is the so-called “treebolic” space — it is the horocyclic product of an  $m + 1$ -valent tree and the hyperbolic plane (with a rescaled metric so the horocycles line up suitably). The shaded region corresponds to a coherent hyperplane in  $X_M$ .

*Proof.* Let  $\rho$ , denote a geodesic in  $X_M$  from  $(x, g)$  to  $(y, h)$ . Let  $\rho_T = \pi_T(\rho)$  be the projection of the geodesic into the tree component  $T_M$ , and similarly  $\rho_G = \pi_G(\rho)$ . Since the projections do not increase lengths of paths, the lower bound in the Lemma is straight-forward to obtain by looking at the lengths of  $\rho_T$  and  $\rho_G$ .

We now focus on obtaining the upper bound. Since  $\rho_T$  is a path from  $x$  to  $y$  it must at some point pass through the common ancestor  $x \wedge y$ . Let  $c = \mathfrak{h}(x \wedge y)$ . Notice that

$$d_T(x, y) = \mathfrak{h}(x) + \mathfrak{h}(y) - 2c.$$

Write  $g = (\mathbf{g}, t_g)$  and  $h = (\mathbf{h}, t_h)$ , where  $\mathbf{g}, \mathbf{h} \in \mathbb{R}^d$  and  $t_g, t_h \in \mathbb{R}$ . Then we can draw a piecewise geodesic path from  $(x, g)$  to  $(y, h)$  by travelling via  $(x \wedge y, g)$  and  $(x \wedge y, h)$ . By setting  $g' = (\mathbf{g}, -c)$  and  $h' = (\mathbf{h}, -c)$ , the triangle inequality then gives

$$\begin{aligned} d_X((x, g), (y, h)) &\leq \mathfrak{h}(x) - c + d_G(g', h') + \mathfrak{h}(y) - c \\ &= d_T(x, y) + d_G(g', h'). \end{aligned}$$

The last thing to observe here is that  $t_g = -\mathfrak{h}(x) \leq -c$ , and similarly  $t_h \leq -c$ . Hence  $d_G(g, h) \geq d_G(g', h')$ , since  $M$  is diagonalisable over  $\mathbb{R}$  and  $\lambda > 1$  for each eigenvalue  $\lambda$  of  $M$ . This proves the upper bound.  $\square$

To make our calculations in Lemma 3.3 more precise we will use a metric  $d_L$  on  $G_M$ , as described in [DP11], which is bi-Lipschitz equivalent to  $d_G$ . For each level set  $\mathbb{R}^n \times \{t\}$  in  $G_M$  consider the metric

$$d_{t,M}((a, t), (b, t)) = \|M^{-t}(b - a)\|$$

where  $\|\cdot\|$  is the  $\ell^1$ -norm on  $\mathbb{R}^d$ . Given  $(a, t_a), (b, t_b) \in \Gamma_M$ , let  $t_0 \in \mathbb{R}$  be minimal such that  $d_{t_0,M}((a, t_0), (b, t_0)) \leq 1$ . If  $t_0 \geq t_a, t_b$  then define

$$d_L((a, t_a), (b, t_b)) = |t_a - t_0| + |t_0 - t_b| + 1.$$

On the other hand, if  $t_a \geq t_b, t_0$  then set

$$d_L((a, t_a), (b, t_b)) = t_a - t_b + \|M^{-t_a}(b - a)\|.$$

We can recognise  $\Gamma_M$  as the HNN extension of  $A_0 = \langle a_1, \dots, a_d \rangle$  by the stable letter  $t$ . The corresponding Bass-Serre tree will then be  $T_M$  and we will identify the basepoint vertex  $o$  in  $T_M$  with the vertex of the Bass-Serre tree which is stabilised by  $A_0$ . The action of  $\Gamma_M$  on  $T_M$  is then given by the usual action of an HNN extensions on its Bass-Serre tree.

Note that we may embed  $\Gamma_M$  in  $G_M$  via the homomorphism which sends the generators  $a_1, \dots, a_d$  of  $A_0$  to the standard integer basis elements of  $\mathbb{R}^d \times \{0\}$  and sends  $t$  to  $(0, 1)$ . Denote the image of  $u \in \Gamma_M$  under this homomorphism by  $\bar{u}$ .

**Notation:** Given two functions  $f, g : \mathbb{N} \rightarrow \mathbb{N}$  we will write  $f \preceq g$  if there exists a positive constant  $C$  such that  $f(n) \leq Cg(Cn)$ . If  $f \preceq g$  and  $g \preceq f$  then we will write  $f \asymp g$ .

**Lemma 3.3.** *Suppose  $M$  is diagonalisable over  $\mathbb{R}$  with all eigenvalues of absolute value greater than 1. Let  $u \in A$  and suppose  $p$  is the minimal non-negative integer such that  $u \in A_p$ . Let  $u_a \in A_0$  be such that  $u = t^{-p}u_a t^p$ . Then*

- (i)  $p \preceq |u|$ ;
- (ii)  $\log |u_a|_{A_0} \preceq |u| \preceq \max\{\log |u_a|_{A_0}, p\}$ ;
- (iii)  $\delta_{A_0}^{\Gamma_M}(n) \asymp \exp(n) \asymp \mathfrak{d}_{A_0}^{\Gamma_M}(n)$ ,

where the constants involved in each  $\preceq$  or  $\asymp$  relation depend only on the choice of  $M$ .

*Proof.* If  $M$  has negative eigenvalues then we need to consider instead  $X_{M^2}$ . Since  $\Gamma_{M^2}$  is the index 2 subgroup of  $\Gamma_M$  generated by  $\{a_1, \dots, a_d, t^2\}$  we know in particular that  $A$  is contained in  $\Gamma_{M^2}$ . It is enough therefore to obtain an estimate for the length of elements of  $A$  with respect to the generating set for  $\Gamma_{M^2}$ . Hence in the following we assume that  $M$  has no negative eigenvalues.

The element  $u$  sends the basepoint  $x = (o, e) \in X_M$  to  $ux = (uo, \bar{u})$ . The action of  $u$  on  $T_M$  means that  $d_T(o, uo) = 2p$ . This follows from the fact that  $u \in A_k$  if and only if  $ut^{-k}o = t^{-k}o$ . Hence  $o \wedge uo = t^{-p}o$ , and any path from  $o$  to  $uo$  must pass through the vertex  $t^{-p}o$ . By Lemma 3.2, this implies (i).

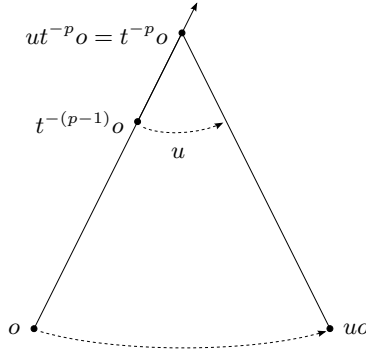


FIGURE 2. The path from  $o$  to  $t^{-p}o$  will be mapped under  $u$  to a path from  $uo$  to  $t^{-p}o$ . The concatenation of these paths gives us a path from  $o$  to  $uo$ . The choice of  $p$  tells us that it is a geodesic, since  $ut^{-(p-1)}o \neq t^{-(p-1)}o$ .

Suppose  $u_a = a_1^{u_1} \dots a_d^{u_d}$ . Then  $\bar{u} = (M^{-p}\mathbf{u}, 0)$ , where  $\mathbf{u} = (u_1, \dots, u_d)$ . Let  $t_0 = \inf\{t \geq 0 \mid \|M^{-t-p}\mathbf{u}\| \leq 1\}$ . Firstly, supposing that  $t_0 \neq 0$  leads us to

$$d_L(e, \bar{u}) = 2t_0 + 2p + 1.$$

Since the eigenvalues of  $M$  lie outside the unit circle,  $M$  is expanding, hence  $\|M^{-t-p}\mathbf{u}\|$  must lie in the interval  $[\lambda_2^{-t-p}\|\mathbf{u}\|, \lambda_1^{-t-p}\|\mathbf{u}\|]$ , where  $\lambda_2$  is the smallest among absolute values of eigenvalues of  $M$  and  $\lambda_1$  the largest. Hence in particular

$$\lambda_2^{-t_0-p}\|\mathbf{u}\| \leq 1 \leq \lambda_1^{-t_0-p}\|\mathbf{u}\|$$

implying that

$$\log_{\lambda_2}\|\mathbf{u}\| \leq t_0 + p \leq \log_{\lambda_1}\|\mathbf{u}\|.$$

So using the above values for  $d_L(e, \bar{u})$  we get

$$\frac{1}{K_M} (2 \log_{\lambda_2}\|\mathbf{u}\| + 1) \leq \frac{1}{K_M} d_L(e, \bar{u}) \leq d_G(x, ux)$$

$$d_G(x, ux) \leq K_M d_L(e, \bar{u}) + d_T(o, uo) \leq 2(K_M + 1) \log_{\lambda_1}\|\mathbf{u}\| + K_M$$

where  $K_M$  is a constant satisfying  $\frac{1}{K_M} d_G(g, h) \leq d_L(g, h) \leq K_M d_G(g, h)$ . This deals with the case when  $\|M^{-p}\mathbf{u}\| > 1$ .

Now suppose that  $t_0 = 0$ . This implies that  $d_L(e, \bar{u}) \leq 1$  and

$$2p \leq d_X(x, ux) \leq 2p + 1.$$

Thus part (ii) holds. Finally note that part (iii) follows immediately from (ii).  $\square$

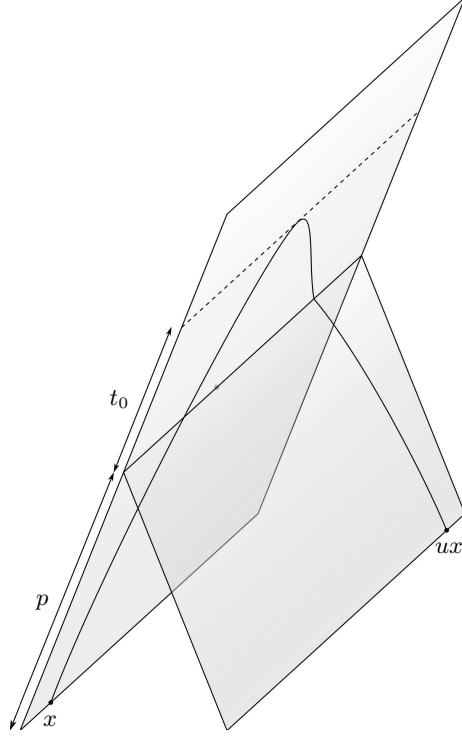


FIGURE 3. In the case of  $BS(1, m)$ , when  $X_M$  is treebolic space, a geodesic from  $x$  to  $ux$  will have to reach a height of  $p$  above  $x$  in order to switch into the appropriate coherent hyperplane. We can project the path into one copy of the hyperbolic plane (more generally we project onto a copy of  $G_M$ ). If the projected path is a geodesic then the value  $t_0$  in the proof of Lemma 3.3 will be non-negative and  $p + t_0$  gives a measure of the maximum height reached by the geodesic in the hyperbolic plane.

**3.2. Restricted conjugacy length function of  $A$  in  $\Gamma_M$ .** We will first find a control on the restricted conjugacy length function of  $A$  in  $\Gamma_M$  when  $M$  is diagonalisable and acts on each eigenspace by expansion.

**Proposition 3.4.** *Suppose  $M$  is diagonalisable with all eigenvalues having absolute value greater than 1. Then the restricted conjugacy length function of  $A$  in  $\Gamma_M$  satisfies*

$$\text{RCL}_A^{\Gamma_M}(n) \preceq n.$$

*Proof.* Suppose  $u$  and  $v$  are distinct elements in  $A$  which are conjugate in  $\Gamma_M$ . Let  $p, q$  be minimal non-negative integers such that  $u \in A_p$  and  $v \in A_q$ . Since  $A$  is abelian,  $u, v$  must be conjugate by  $t^k$  for some integer  $k$ . By reversing the roles of  $u, v$  if necessary, we may assume that  $k$  is non-negative and that  $u = t^k v t^{-k} = \varphi_M^k(v)$ . Since  $\varphi_M(A_q) \subseteq A_{q-1}$ , we see that  $u \in A_{q-k}$ . But by minimality of our choice of  $p$  we have either

- (1)  $p \leq q - k$ , so  $k \leq q - p$ ; or
- (2)  $q - k < 0 = p$ .

Case (1) can be dealt with using part (i) of Lemma 3.3. Thus from the first situation we get  $|t^k| \preceq |v|$  and so we have a linear control on the conjugator length between  $u$  and  $v$ .

Case (2) can only occur if  $p = 0$  and  $k > q$ . Suppose  $v$  can be written as  $t^{-q}v_at^q$  and  $v_a = a_1^{v_1} \dots a_d^{v_d}$ . Then

$$u = t^{k-q}v_at^{q-k} = \varphi_M^{k-q}(v_a).$$

If  $u = a_1^{u_1} \dots a_d^{u_d}$ , then equation (6) tells us that

$$(u_1, \dots, u_d)^T = M^{k-q} \cdot (v_1, \dots, v_d)^T.$$

This gives us that  $|u|_{A_0} \geq \lambda_2^{k-q} |v_a|_{A_0} \geq \lambda_2^{k-q}$ , where  $\lambda_2$  is equal to the minimal absolute value of an eigenvalue of  $M$ . Then, by part (ii) of Lemma 3.3, we get

$$k \preceq |u| + q.$$

Hence, by a final application of part (i) of Lemma 3.3 we obtain the linear upper bound for the restricted conjugacy length function of  $A$  in  $\Gamma_M$ .  $\square$

**3.3. Twisted conjugacy in  $A$ .** Maintaining the assumption that  $M$  is diagonalisable and has eigenvalues with absolute value greater than 1 we obtain the following result regarding twisted conjugacy in the subgroup  $A$ .

**Proposition 3.5.** *Suppose  $M$  is diagonalisable with all eigenvalues having absolute value greater than 1. Then for all  $i \in \mathbb{Z}$  the twisted conjugacy length function of  $A$  satisfies*

$$\mathcal{TCL}_A(n; \varphi_M^i) \preceq n + |i|.$$

*Proof.* Let  $u \in A_p$ ,  $v \in A_q$  and  $x \in A_y$  with  $p, q, y$  minimal such non-negative integers. Suppose they satisfy the twisted conjugacy relationship  $u\varphi_M^i(x) = xv$ , for some  $i \neq 0$  (note that the case when  $i = 0$  reduces to the conjugacy length function of an abelian group). This is equivalent to

$$(7) \quad t^{-p}u_at^pt^{i-y}x_at^{y-i} = t^{-y}x_at^yt^{-q}v_at^q$$

where  $u = t^{-p}u_at^p$ ,  $v = t^{-q}v_at^q$  and  $x = t^{-y}x_at^y$ . Let  $u_a = a_1^{u_1} \dots a_d^{u_d}$ ,  $v_a = a_1^{v_1} \dots a_d^{v_d}$  and  $x_a = a_1^{x_1} \dots a_d^{x_d}$ . We will let  $\mathbf{u} = (u_1, \dots, u_d)^T$ ,  $\mathbf{v} = (v_1, \dots, v_d)^T$  and  $\mathbf{x} = (x_1, \dots, x_d)^T$ . We can rewrite the equation (7) using vectors:

$$M^{-p}\mathbf{u} + M^{i-y}\mathbf{x} = M^{-y}\mathbf{x} + M^{-q}\mathbf{v}.$$

Using the fact that 1 is not an eigenvalue of  $M$  we can rearrange this to give

$$\mathbf{x} = (M^i - 1)^{-1} (M^{y-q}\mathbf{v} - M^{y-p}\mathbf{u}).$$

Making use of the fact that all eigenvalues of  $M$  have absolute value greater than 1, we therefore get that  $|x_a|_{A_0} \preceq \exp(y + |i|)$ , which, by Lemma 3.3, implies that  $|x| \preceq y + |i|$ . Hence we need to obtain an upper bound on  $y$ .

We claim that  $y \leq n + i$ . If this was not true then in particular  $y > q$  and  $y > p + i$ . We can rearrange equation (7) by shuffling the terms in  $t$  that appear in the middle of each side to one end:

$$t^{i-y}\varphi_M^{y-p-i}(u_a)x_at^{y-i} = t^{-y}x_a\varphi_M^{y-q}(v_a)t^y.$$

Note that both sides of this equation are in normal form, as described in (5). Since  $y - p - i > 0$  and  $y - q > 0$ , both  $\varphi_M^{y-p-i}(u_a)$  and  $\varphi_M^{y-q}(v_a)$  lie in the image  $\varphi_M(A_0)$ . However,  $y > 0$  implying that  $x_a \notin \varphi_M(A_0)$ , implying that neither  $\varphi_M^{y-p-i}(u_a)x_a$  nor  $x_a\varphi_M^{y-q}(v_a)$  can lie in  $\varphi_M(A_0)$ . Hence both sides of this equation are in normal form. But this is only possible if  $y = y - i$  and, in particular, we would have to contradict our assumption that  $i \neq 0$ . We can therefore deduce that  $y \leq n + i$  and by the argument above we have that  $|x| \preceq n + |i|$ .  $\square$

**3.4. Conjugacy length in  $\Gamma_M$ .** We now obtain the upper bound for the conjugacy length function of  $\Gamma_M$  when  $M$  is a diagonalisable matrix with all eigenvalues greater than 1.

*Proof of Theorem 3.1.* This is a straight-forward application of Corollary 2.2. The distortion function  $\delta_A^{\Gamma_M}$  is the identity map since we calculated the twisted conjugacy length function in  $A$  with respect to the word metric on  $\Gamma_M$ . Similarly  $\mathfrak{d}_A^{\Gamma_M}$  is also linear. The set of automorphisms  $A_G^{(n)}$  that we are to consider consists of those automorphisms  $\varphi_x$ , where  $x \in \Gamma_M$  with  $|x| \leq n$  and  $\varphi_x(a) = xax^{-1}$  for  $a \in A$ . This clearly includes all the automorphisms  $\varphi_M^i$  for  $|i| \leq n$ . What's more, if  $x = t^k a$  for some  $a \in A$  and  $k \in \mathbb{Z}$ , then  $\varphi_x = \varphi_{t^k}$ . Hence

$$A_G^{(n)} = \{\varphi_M^i \mid |i| \leq n\}.$$

Theorem 3.1 now follows from Propositions 3.4 and 3.5.  $\square$

#### 4. SEMIDIRECT PRODUCTS $\mathbb{Z}^n \rtimes \mathbb{Z}^k$

We will now turn our attention to a class of polycyclic abelian-by-abelian groups  $\mathbb{Z}^d \rtimes \mathbb{Z}^k$ , where  $d > k$ . We will express an element of  $\Gamma = \mathbb{Z}^d \rtimes \mathbb{Z}^k$  as a pair  $(x, y)$ , with  $x \in \mathbb{Z}^d$  and  $y \in \mathbb{Z}^k$ . The action of  $\mathbb{Z}^k$  on  $\mathbb{Z}^d$  is via matrices in an  $\mathbb{R}$ -split torus in  $\mathrm{SL}_d(\mathbb{Z})$ . That is, the semidirect product is defined by  $\varphi : \mathbb{Z}^k \rightarrow \mathrm{SL}_d(\mathbb{Z})$  such that the image  $\varphi(\mathbb{Z}^k)$  consists of matrices which are simultaneously diagonalisable over  $\mathbb{R}$ , all of whose eigenvalues are positive. Thus we can choose a basis of  $\mathbb{R}^d$  which consists of common eigenvectors for the matrices in the image  $\varphi(\mathbb{Z}^k)$ .

Throughout we will let  $\|\cdot\|$  denote the  $\ell^1$  norm on either  $\mathbb{Z}^d$  or  $\mathbb{Z}^k$ . We begin by giving a method to relate the size of a component of  $u \in \mathbb{Z}^d$ , with respect to one of the eigenvectors, to the size of  $\|u\|$ .

**Lemma 4.1.** *Let  $u = (u_1, \dots, u_d) \in \mathbb{R}^d$ , with the coordinates given with respect to a basis of eigenvectors of the matrices in  $\varphi(\mathbb{Z}^k)$ . Then there exists a constant  $\alpha_\varphi$  such that for each  $i$  such that  $u_i \neq 0$*

$$|\log(|u_i|)| \leq \alpha_\varphi \log \|u\|.$$

*Proof.* We will prove the Lemma for  $i = 1$ . Let  $E_1, \dots, E_d$  be the one-dimensional spaces spanned by each eigenvector for the matrices in  $\varphi(\mathbb{Z}^k)$ . Then  $|u_1|$  corresponds to the distance from  $u$  to the hyperplane  $E_2 \oplus \dots \oplus E_d$  in a direction parallel to  $E_1$ . In order to obtain a lower bound on  $\log |u_1|$  we need to find a lower bound on the distance from  $u$  to  $E_2 \oplus \dots \oplus E_d$ . This lower bound follows from the subspace theorem of Schmidt [Sch72]. Since  $E_2, \dots, E_m$  are eigenspaces for  $\varphi(y) \in \mathrm{SL}_d(\mathbb{Z})$ , there exists algebraic numbers  $\alpha_1, \dots, \alpha_d$  such that  $E_2 \oplus \dots \oplus E_d = \{x \in \mathbb{R}^d \mid x \cdot (\alpha_1, \dots, \alpha_d) = 0\}$ . Then, for  $u \in \mathbb{Z}^d$ , we have

$$d(u, E_2 \oplus \dots \oplus E_d) = \frac{|u \cdot (\alpha_1, \dots, \alpha_d)|}{\|(\alpha_1, \dots, \alpha_d)\|}.$$

Thus, by the subspace theorem, for every  $\varepsilon > 0$  there exists a positive constant  $C$  such that for every  $u \in \mathbb{Z}^d$  we have the following bound on the distance to the hyperplane:

$$d(u, E_2 \oplus \dots \oplus E_d) \geq \frac{C}{\|u\|^{d-1+\varepsilon}}.$$

In particular this gives us a lower bound on  $|u_1|$  and hence

$$\log |u_1| \leq (d-1+\varepsilon) \log \|u\| - \log C.$$

By a trigonometric argument we can obtain an upper bound on  $\log |u_1|$  which will depend on the angles between the eigenspaces. Hence, combining this with the

lower bound, there exists a positive constant  $\alpha_\varphi$ , determined by  $d$ ,  $\varepsilon$  and  $\varphi$ , such that  $|\log(|u_1|)| \leq \alpha_\varphi \log \|u\|$ .  $\square$

It is important to understand the distortion of the  $\mathbb{Z}^d$  component in  $\Gamma$ . The following two lemmas give us a handle on this. The second, Lemma 4.3, gives an exponential upper bound for the distortion function while the first, Lemma 4.2, shows that for any element of the form  $(x, 0)$  in  $\Gamma$  we can take a significant shortcut to get to  $x$  from 0 by using the action of one of the matrices in  $\varphi(\mathbb{Z}^k)$ .

**Lemma 4.2.** *Suppose that  $\varphi(\mathbb{Z}^k)$  contains a matrix whose eigenvalues are all distinct from 1. Then there exists a constant  $A_\varphi > 0$  such that for every  $x \in \mathbb{Z}^d$*

$$|(x, 0)|_\Gamma \leq A_\varphi \log \|x\|.$$

*In particular the inverse subgroup distortion function is bounded above by a logarithm:*

$$\mathfrak{d}_{\mathbb{Z}^d}^\Gamma(n) \leq A_\varphi \log(n).$$

*Proof.* We will use that fact that  $\Gamma = \mathbb{Z}^d \rtimes_\varphi \mathbb{Z}^k$  is a uniform lattice in  $G = \mathbb{R}^d \rtimes_\varphi \mathbb{R}^k$ , finding an upper bound for  $|(x, 0)|_G$  and thus obtaining an upper bound on  $|(x, 0)|_\Gamma$ . Here, by  $|(x, 0)|_G$  we mean the distance  $d_G(1, (x, 0))$  where  $d_G$  is a left-invariant Riemannian metric on  $G$ .

First, let  $y$  be a minimal length vector in  $\mathbb{Z}^k$  with the property that  $\varphi(y)$  has no eigenvalues equal to 1. Write  $x$  in coordinates  $(x_1, \dots, x_d)$  with respect to a basis of eigenvectors for  $\varphi(y)$ , which have been chosen so that  $x_i \geq 0$  for each  $i$ . Let  $e_i$  denote the vector with 0's everywhere except in the  $i$ -th coordinate where we put a 1 and let  $\lambda_i$  be the eigenvalue of  $\varphi(y)$  corresponding to the eigenvector  $e_i$ . For  $i = 1, \dots, d$  let  $\alpha_i \in \mathbb{R}$  be such that  $\lambda_i^{\alpha_i} = x_i$ . Then

$$(x, 0) = (0, \alpha_1 y)(e_1, \alpha_2 y - \alpha_1 y)(e_2, \alpha_3 y - \alpha_2 y) \dots (e_d, -\alpha_d y).$$

Calculating the length of each term in the product gives us an upper bound on  $|(x, 0)|_G$  as

$$\begin{aligned} |(x, 0)|_G &\leq |\alpha_1| \|y\| + 1 + |\alpha_2 - \alpha_1| \|y\| + 1 + |\alpha_3 - \alpha_2| \|y\| + \dots + 1 + |\alpha_d| \|y\| \\ &\leq d + 2\|y\| \sum_{i=1}^d |\alpha_i|. \end{aligned}$$

But  $\alpha_i = \frac{\log(x_i)}{\log(\lambda_i)}$ , so by applying Lemma 4.1 we get  $|\alpha_i| \leq \alpha_\varphi \frac{\log \|x\|}{|\log(\lambda_i)|}$ . Hence

$$|(x, 0)|_G \leq d + 2\|y\| \alpha_\varphi \log \|x\| \sum_{i=1}^d \frac{1}{|\log(\lambda_i)|}.$$

Combining this with the fact that  $\Gamma$  is a uniform lattice in  $G$  gives us the existence of the constant  $A_\varphi$  given in the Lemma.  $\square$

**Lemma 4.3.** *Suppose the image  $\varphi(\mathbb{Z}^k)$  is generated by matrices  $\varphi_1, \dots, \varphi_k$  and that  $\lambda$  is the largest eigenvalue of any of the matrices  $\varphi_1, \varphi_1^{-1}, \dots, \varphi_k, \varphi_k^{-1}$ . Let  $x \in \mathbb{Z}^d$ . Then*

$$\|x\| \leq |(x, 0)|_\Gamma \left( \lambda^{|(x, 0)|_\Gamma} + 1 \right).$$

*In particular the subgroup distortion function is bounded above by an exponential:*

$$\delta_{\mathbb{Z}^d}^\Gamma(n) \leq n(\lambda^n + 1).$$

*Proof.* The generators of  $\Gamma$  are taken to be the set of elements of the form either  $(e_i, 0)$  or  $(0, e_j)$  where  $e_i \in \mathbb{Z}^d$ ,  $e_j \in \mathbb{Z}^k$  are elements of the standard bases. We can

write  $(x, 0)$  as a geodesic word on these generators, grouping together the generators of the form  $(e_i, 0)$  and the generators of the form  $(0, e_j)$ :

$$\begin{aligned}(x, 0) &= (\alpha_1, 0)(0, \beta_1)(\alpha_2, 0) \dots (\alpha_r, 0)(0, \beta_r) \\ &= (\alpha_1, \beta_1)(\alpha_2, \beta_2) \dots (\alpha_r, \beta_r)\end{aligned}$$

where  $\alpha_i$  and  $\beta_i$  are non-zero for all  $1 \leq i \leq r$ , except possibly for  $\alpha_1$  and  $\beta_r$ . First note that  $|(x, 0)|_\Gamma = \sum_{i=1}^r (\|\alpha_i\| + \|\beta_i\|)$ . We also obtain the following expression for  $x$ :

$$x = \alpha_1 + \varphi(\beta_1)(\alpha_2) + \varphi(\beta_1 + \beta_2)(\alpha_3) + \dots + \varphi(\beta_1 + \dots + \beta_{r-1})(\alpha_r).$$

Since  $\|\beta_1 + \dots + \beta_i\| \leq |(x, 0)|_\Gamma$  for each  $i$ , we get an upper bound on the norm of  $x$ :

$$\|x\| \leq \|\alpha_1\| + \lambda^{|(x, 0)|_\Gamma} (\|x_2\| + \dots + \|x_r\|) \leq |(x, 0)|_\Gamma + \lambda^{|(x, 0)|_\Gamma} |(x, 0)|_\Gamma.$$

Thus the lemma is proved.  $\square$

We now give an upper bound on the conjugacy length function of  $\mathbb{Z}^d \rtimes \mathbb{Z}^k$ . We will see that when  $k = 1$  we can produce a linear upper bound, but when  $k > 1$  we have to settle for exponential. The main obstacle that prevents us from finding a better than exponential upper bound is the nature of the projection of centralisers of elements into the  $\mathbb{Z}^k$  coordinate. In the language of Theorem 2.1, this is measured by the function  $\rho$ .

**Theorem 4.4.** *Let  $\Gamma = \mathbb{Z}^d \rtimes_\varphi \mathbb{Z}^k$ , where the image of  $\varphi : \mathbb{Z}^k \hookrightarrow \mathrm{SL}_d(\mathbb{Z})$  is contained in an  $\mathbb{R}$ -split torus  $T$ . Then there exist constants  $A > 1$  and  $B > 0$  such that*

- (1) *if  $k = 1$  then  $\mathrm{CLF}_\Gamma(n) \leq Bn$ ;*
- (2) *if  $k > 1$  then  $\mathrm{CLF}_\Gamma(n) \leq A^n$ .*

*Proof.* We will apply Theorem 2.1. Since  $\Gamma$  is abelian-by-abelian we need to find bounds only for the values of  $\mathrm{RCL}_{\mathbb{Z}^d}^\Gamma(n)$ ,  $\mathcal{TCL}_{\mathbb{Z}^d}(n; \varphi)$  and  $\rho(u, v)$ , for  $(u, v) \in \Gamma$ , where  $\rho$  is the function as defined in Theorem 2.1.

**STEP 1:** Estimating  $\mathrm{RCL}_{\mathbb{Z}^d}^\Gamma(n)$ .

Consider  $(u, 0), (w, 0) \in \mathbb{Z}^d$ . Then  $(u, 0)(x, y) = (x, y)(w, 0)$  if and only if  $u = \varphi(y)(w)$ . Note that we can immediately set  $x$  to be zero.

Suppose  $\varphi(\mathbb{Z}^k)$  is generated by matrices  $\varphi_1, \dots, \varphi_k$ , so that if  $y = (y_1, \dots, y_k)$  then

$$\varphi(y) = \varphi_1^{y_1} \dots \varphi_k^{y_k}.$$

Fix a basis of eigenvectors of the matrices in  $T$ . With respect to this basis, let  $u, v$  be represented with coordinates  $(u_1, \dots, u_d), (w_1, \dots, w_d)$  respectively. Suppose the eigenvalues of  $\varphi_i$  are  $\lambda_{j,i}$  for  $j = 1, \dots, d$  and  $i = 1, \dots, k$ . Then from  $u = \varphi(y)(w)$  we get the following system:

$$u_j = \left( \prod_{i=1}^k \lambda_{j,i}^{y_i} \right) w_j.$$

By taking logarithms we see that this system is equivalent to the matrix equation  $Ly = a$ , where  $L$  is the  $d \times k$  matrix with  $(r, s)$ -entry equal to  $\log |\lambda_{r,s}|$  and  $a$  is the vector with  $j^{\mathrm{th}}$  entry equal to  $\log |u_j| - \log |w_j|$ . Since the matrices  $\varphi_1, \dots, \varphi_k$  generate a copy of  $\mathbb{Z}^k$ , the columns of  $L$  are linearly independent. Hence we may take a non-singular  $k \times k$  minor  $L'$  and we get a matrix equation  $L'y = a'$ . By Cramer's Rule, for each  $i = 1, \dots, k$  we have

$$y_i = \frac{\det(L^{(i)})}{\det(L')}$$



where  $L^{(i)}$  is obtained from  $L'$  by replacing the  $i^{\text{th}}$  column with  $a'$ . Hence  $|y_i|$  is bounded by a linear expression in the terms  $|\log(|u_j|)| + |\log(|w_j|)|$ , for  $j = 1, \dots, k$ , and the coefficients are determined by the choice of  $\varphi$ . Therefore, by Lemma 4.1, we obtain an upper bound for each  $|y_i|$  as linear sum of  $\log(|u|)$  and  $\log(|w|)$ .

To reach an upper bound for the restricted conjugacy length function, we observe that we are able to find  $y \in \mathbb{Z}^k$  such that  $(u, 0)(0, y) = (0, y)(w, 0)$  and  $\|y\| \leq B_1(\log\|u\| + \log\|w\|)$  for some constant  $B_1 > 0$ , determined by  $\varphi$  and independent of  $u, w$ . Furthermore, because the first coordinate in  $\Gamma$  is exponentially distorted, in particular by using Lemma 4.3, we indeed have a linear upper bound on conjugator length:

$$|(0, y)|_{\Gamma} \leq \|y\| \leq B_2 n$$

for some  $B_2 > 0$  independent of  $u, w$ , and where  $n = |(u, 0)|_{\Gamma} + |(w, 0)|_{\Gamma}$ . Thus the restricted conjugacy length function is at most linear:

$$\text{RCL}_{\mathbb{Z}^d}^{\Gamma}(n) \leq B_2 n.$$

STEP 2: Estimating  $\mathcal{TC}\mathcal{L}_{\mathbb{Z}^d}(n; \varphi(v))$ .

This is precisely the situation dealt with in Example 1.1, where we take  $\varphi(v)$  in place of  $\varphi$ . It gives us

$$\mathcal{TC}\mathcal{L}_{\mathbb{Z}^d}(n; \varphi(v)) \leq (1 + \lambda_v)n$$

where  $\lambda_v$  is the largest eigenvalue of  $\varphi(v)$ . Suppose  $\lambda$  is the largest eigenvalue of any of the generating matrices  $\varphi_1, \dots, \varphi_k$  or their inverses. Then  $\lambda_v \leq \lambda^{\|v\|}$ .

STEP 3: Estimating  $\rho(u, v)$ .

If  $k = 1$  then we are in the case of a cyclic extension, so we need only recall that  $\rho(u, v) = n$  will suffice here. Now suppose  $k > 1$ . Note that  $(a, b)$  is in the centraliser  $Z_{\Gamma}(u, v)$  if and only if

$$a = (\text{Id} - \varphi(v))^{-1}(\text{Id} - \varphi(b))u \in \mathbb{Z}^d.$$

We will show that given any  $b \in \mathbb{Z}^k$ , there exists a constant  $m$  which is bounded by an exponential in  $\|v\|$  and such that  $(\text{Id} - \varphi(v))^{-1}(\text{Id} - \varphi(mb))u \in \mathbb{Z}^d$ . This will give an exponential upper bound on  $\rho(u, v)$ .

Let  $L := (\text{Id} - \varphi(v))\mathbb{Z}^d$ . Denote by  $c$  the absolute value of the determinant of  $\text{Id} - \varphi(v)$ . Then  $c$  is the index of  $L$  in  $\mathbb{Z}^d$ . Since  $\varphi(b)$  commutes with  $\varphi(v)$ , and hence  $\text{Id} - \varphi(v)$ , it follows that  $\varphi(b)L = L$ . Let  $\bar{u}$  be the image of  $u$  in  $\mathbb{Z}^d/L$ . Then there exists some  $m \leq c$  such that  $\varphi(mb)\bar{u} = \bar{u}$ . In particular  $(\text{Id} - \varphi(mb))u \in L$ .

In the above, if we let  $b$  be one of the canonical generators of  $\mathbb{Z}^d$ , then we see that we can control each coordinate and obtain an upper bound on  $\rho(u, v)$  as  $d\lambda^{d\|v\|}$ , since  $|\det(\text{Id} - \varphi(v))| \leq (1 + \lambda_v)^d$ , and  $\lambda_v \leq \lambda^{\|v\|}$ , with  $\lambda_v$  and  $\lambda$  as in step 2. Hence, in particular,  $\rho(u, v) \leq d(1 + \lambda^{|(u, v)|_{\Gamma}})^d$ .

STEP 4: Estimating  $\text{CLF}_{\Gamma}(n)$ .

By Theorem 2.1, we use the above bounds on  $\text{RCL}_{\mathbb{Z}^d}^{\Gamma}(n)$ ,  $\mathcal{TC}\mathcal{L}_{\mathbb{Z}^d}(n; \varphi(v))$  and  $\rho(u, v)$  to obtain an upper bound on the conjugacy length function of  $\Gamma$  as

$$\text{CLF}_{\Gamma}(n) \leq \max \{B_2 n, \rho_n + \mathfrak{d}_{\mathbb{Z}^d}^{\Gamma}(2(1 + \lambda^n)\delta_{\mathbb{Z}^d}^{\Gamma}(n + \rho_n))\}$$

where  $\rho_n = n$  if  $k = 1$  or  $\rho_n = d(1 + \lambda^n)^d$  if  $k > 1$ . Using the estimates on the distortion functions obtained in Lemmas 4.2 and 4.3 we obtain a linear upper bound on the conjugacy length function for  $\Gamma$  when  $k = 1$  and exponential otherwise.  $\square$

The exponential bound in Theorem 4.4 arises because of the way the projection of  $Z_{\Gamma}(u, v)$  onto the  $\mathbb{Z}^k$ -component lies inside  $\mathbb{Z}^k$ . In particular, one may ask if the exponential upper bound is sharp:

**Question:** Can one find a pair of conjugate elements in  $\Gamma$  whose shortest conjugator is exponential in the sum of the lengths of the two given elements?

We will now discuss some applications of Theorem 4.4 to other situations, firstly to the fundamental group of prime 3-manifolds and secondly to Hilbert modular groups.

Let  $M$  be a prime 3-manifold with fundamental group  $G$ . Recent work of Behrstock and Druţu [BD11, §7.2] has shown that, when  $M$  is non-geometric, there exists a positive constant  $K$  such that two elements  $u, v$  of  $G$  are conjugate only if there is a conjugator whose length is bounded above by  $K(|u| + |v|)^2$ . Theorem 4.4 in the case when  $d = 2$  and  $k = 1$  deals with the solmanifold case, while a result of Ji, Ogle and Ramsey [JOR10, §2.1] gives a quadratic upper bound for nilmanifolds. These, together with the result of Behrstock and Druţu, give the following:

**Theorem 4.5.** *Let  $M$  be a prime 3-manifold with fundamental group  $G$ . For each word metric on  $G$  there exists a positive constant  $K$  such that two elements  $u, v$  are conjugate in  $G$  if and only if there exists  $g \in G$  such that  $ug = gv$  and*

$$|g| \leq K(|u| + |v|)^2.$$

We now apply Theorem 4.4 to the conjugacy of elements in parabolic subgroups of Hilbert modular groups. Such subgroups are isomorphic to a semidirect product  $\mathbb{Z}^n \rtimes_{\varphi} \mathbb{Z}^{n-1}$ , where  $\varphi$  depends on the choice of Hilbert modular group and the boundary point determining the parabolic subgroup (see for example either [vdG88] or [Hir73]). Because there is a finite number of cusps (see for example [Shi63] or [vdG88]), for each Hilbert modular group there are only finitely many  $\varphi$  to choose from. Hence, by Theorem 4.4, any two elements in a parabolic subgroup are conjugate if and only if there exists a conjugator whose size is bounded exponentially in the sum of the sizes of the two given elements. More specifically:

**Corollary 4.6.** *Let  $\Gamma = \mathrm{SL}_2(\mathcal{O}_K)$  be the Hilbert modular group corresponding to a finite, totally real field extension  $K$  over  $\mathbb{Q}$  of finite degree. There exists a positive constant  $A$ , depending only on  $\Gamma$ , such that a pair of elements  $u, v$  in the same parabolic subgroup of  $\Gamma$  are conjugate in  $\Gamma$  if and only if there exists a conjugator  $\gamma \in \Gamma$  such that*

$$|\gamma| \leq A^{|u|+|v|}.$$

*Furthermore, if  $u, v$  are actually unipotent elements in  $\Gamma$ , then this upper bound is linear.*

*Proof.* Since  $u, v$  are in the same parabolic subgroup of  $\Gamma$  then Theorem 4.4 gives the first conclusion. The second conclusion, for unipotent elements, follows from the linear upper bound on the restricted conjugacy length function in the proof of Theorem 4.4.  $\square$

In [Sal12a] we look at conjugacy inside the unipotent subgroups of general semisimple real Lie groups. We are able to show that certain pairs of elements enjoy a linear conjugacy relationship, partially extending the result for unipotent elements of Corollary 4.6.

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